

# CONNECTICUT SELF-HELP NETWORK



*The new 2007-2009 expanded edition of*

## THE SELF-HELP DIRECTORY

*A Guide to Connecticut and National Groups*

- Our Thirteenth Edition includes updated information on over 1500 local and state groups.
- It also has contact information for more than 1,000 national networks  
*(Based on data from the National Self-Help Clearinghouse, "Sourcebook Database").*
- Comprehensive listing of help line, hotline, and toll-free specialty numbers.
- The Directory covers a broad range of issues including: abuse, addictions, bereavement, disabilities, health (including over 300 rare illnesses), mental health, parenting, and many other stressful life situations.
- Includes updated Internet and website listings.

The new Directory is a valuable resource for people to help others find the information about self-help services. It is particularly useful for social workers, schools, reference librarians, EAP staff, clergy, self-help group leaders, or simply friends helping friends to find the support groups they need.

**DIRECTORY WILL BE AVAILABLE FOR DISTRIBUTION IN LATE SUMMER 2007.**



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 Name: \_\_\_\_\_ Agency/Group: \_\_\_\_\_  
 Address: \_\_\_\_\_ Telephone: (\_\_\_\_) \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

QUANTITY	ITEM	PRICE/ITEM*	TOTAL
	<b>Directory:</b> Supporting Member -1 Directory	\$32.00	
	<b>Directory:</b> Member Organization - 3 Directories	\$80.00	
	<b>Literature Kits:</b> Fundraising Kit	\$ 5.00	
	Group Leadership Kit	\$ 5.00	
	Starter Package Kit	\$ 5.00	
	<b>Friends of the Network - Tax Deductible Donation</b> <i>(Supports creation of new self-help groups)</i>		

\*All prices include postage and handling.

**TOTAL**

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**Please make checks payable to The Consultation Center, Inc.** and mail to:  
 The Connecticut Self-Help Network, 389 Whitney Avenue, New Haven, CT 06511  
 (203) 624-6982, Fax: (203) 562-6355, E-mail: [joanne.richardson@yale.edu](mailto:joanne.richardson@yale.edu) (attn: Self-Help).  
 You may now visit us on the Web at: [www.theconsultationcenter.org](http://www.theconsultationcenter.org).